

North Presbyterian Church Lent 2010 North Star

A Pastor's Perspective

"And the One who was seated on the throne said, 'See, I am making all things new!'"

As I write this the sky is bleak and the trees are bare. Chances are there still will not be any signs of spring even by the time this issue of the North Star is published. Nevertheless, we know that spring is coming. We know it from the trill of birds that greet us each morning, their numbers increasing every day. We know it from the small shoots of green that are struggling their way up through the frosty ground. We know it from the occasional thaw and warmth that surprises us and makes us long for warmer days.

There is no holding it back. The birds cannot contain themselves; the green shoots cannot resist emerging; we cannot help our longing. Everything in creation, everything in us, cries out for life. I'm reminded of Paul's words in Romans: *"We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we*

ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies." The call of life is irresistible.

And that, I think, is the central message of Easter. Jesus is life and not even death could contain him. When we give ourselves over to him, we enter his life. So death no longer holds sway over us. The old way of living, of perceiving, of relating to the world and to others, has been made new. All things are made new.

It is coming. Spring is coming, despite all the gray and bleak evidence around us. And new life is dawning, despite all the disappointments or difficulties we might endure. Be open to Easter emerging in you. Be open to new life trilling its song in your spirits. "See, I am making all things new!" Alleluia!

Peace,

Pastor Bill



Intergenerational Musical

"AGAPÉ The Stories and the Feast" will be presented by North Church choirs on Sunday, March 14th in 10:45 worship. This performance work is inspired by the "agapé feasts" of the early Christian Church. It is a dramatic reflection upon the sacred communal experiences of storytelling and meal-sharing. Come and hear some of the great Judeo-Christian stories as well as words of contemporary prophets and a meditation on the meaning of Communion for Christians today.

Bringing the Church to Young People

I've been a Christian, in the church, and heard lessons from the Bible my whole life. With this experience, I can empathize with a lot of young Christians out there who complain that the church, the Bible, and their faith does not inspire them to change as often as it bores them to tears. I have often shared that same experience, and since I was a teenager not incredibly long ago I can remember many times when going to church and reading the Bible were not the exciting and relevant events that I was told they should be. In a classic movie from the first decade of my life, *The Karate Kid*, a teenager mercilessly bullied by karate students cries out to an elderly man that the problem must be with karate. The old man shakes his head and claims, "No such thing as bad student, only bad teacher." This may not be entirely true since students share the responsibility of listening as well, but it illustrated a good truth for me. The Bible is a fascinating, life changing work, but we can obscure that in the way we teach it.

As a new staff member here at North Church, it's my vision to bring the Word of God back into young people's lives and to show that it really is relevant and interesting. When young people come to church for Sunday school or one of our youth group ministries (Club 456, Junior, and Senior high), they will know that God is active and relevant in their everyday lives. In Mark's Gospel, one of my favorite books of the Bible, it says again and again that Jesus "immediately" did this and "immediately" came to such and such a place. Just as often, it emphasizes crowds, individuals, and authorities were "amazed" by something Jesus said or did. We get the impression, from Mark's gospel at least, that Jesus was a dynamic fast-paced leader who never ceased to amaze his audience. Since the church now is left with a book about Him, I believe that teaching from that book should have the same effect, and I look forward to partnering with everyone at North Church in bringing this message to all our young people.

Peter Martin

Director of Children, Youth & Family Ministry

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Sunday School Schedule 2010 Winter/Spring

Parents/Caregivers: We are excited to start our new schedule. Please contact Erin Kahler, Gretchen Orlando, Debbie Hutton or Laura Moyer - members of Kids Ministry Team with any questions.

February 28	11 - 11:50 am
March 7	10:45 - 11:25 am - time change due to Communion Sunday
March 14	No Sunday School - Family Worship - AGAPÉ Musical
March 21	11 - 11:50 am
March 28	11 - 11:50 am
April 4	No Sunday School - Family Worship - Easter Sunday - Communion
April 11	11 - 11:50 am
April 18	11 - 11:50 am
April 25	11 - 11:50 am
May 2	10:45 - 11:25 am - time change due to Communion Sunday
May 9	11 - 11:50 am
May 16	No Sunday School - Family Worship
May 23	Last day of Sunday School 11 - 11:50 am Sunday School for 4 & 5 year olds, 1 st & 2 nd grade, & 3 rd & 4 th grade. 5 th - 8 th grade stay in Worship - Confirmation Sunday

What Happened at Session

At its regular meeting on February 1, 2010, the following actions were taken:

- Approved the action item from Worship Committee requesting that Lenten Soup Suppers be held on Tuesdays during March.
- Approved YMT's off-site activity at Snow Park in Niagara Falls, NY, on Sunday, February 14, 2010, for Club 456, Junior and Senior High youth.
- Voted to spend up to \$500 for the purchase of dish racks and a dolly to store glass mugs (donated by an NPC member) for use instead of paper cups.
- Voted to reluctantly not pursue the Family Promise program for the homeless at this time.
- Elected Sylvia Bigler as Assistant Clerk of Session for 2010.
- Voted to approve the collection of funds for "Lilies and Brass" for the Easter Sunday services.
- Received the application blanks for Youth Triennium, which are due February 28.

[Presbytery of Western New York has been allotted 100 places.]

- Set the following schedule for newly elected Elders and Deacons: Training on February 7 and 14; meeting with Session for examination and presentation of Statements of Faith on February 21 and February 28 for ordination and installation at the 10:45 a.m. service.
- Approved the collection, from NPC members, of manufacturers' coupons by Linda Gowans for delivery to service men and women both here and overseas, through a reputable local program.
- Received the report of the Pastor.
- Received the report of the Clerk: noted the death of member Edward Firestone on January 13, 2010.

Sylvia Bigler
Assistant Clerk

Copies of the complete Session Minutes are available in the church office for you to read.

Lenten/Easter Offerings

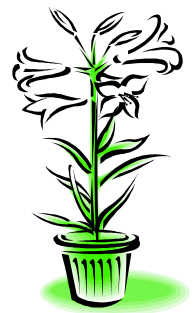
Lenten Soup Suppers

Tuesdays March 2, 9, 16, and 23

5:00 p.m. - Yoga

5:45 p.m. - Soup Supper

6:30 p.m. - Program Our study during Lent is titled *Prayer*, hosted by Philip Yancey: "Prayer is the act of seeing reality from God's point of view," says Yancey. Filmed in different locations in the Rocky Mountains, *Prayer* takes us to the mysterious intersection where God and humans meet and relate." Sign-up in Westminster Hall.



Maundy Thursday Seder Supper/Pot Luck followed by Holy Communion

6:00 p.m. Supper

7:30 p.m. Maundy Thursday Service/Holy Communion will be served

Good Friday

12:00 p.m.

Easter - Lilies and Brass

8:30 a.m., 10:45 a.m. - Both services will be held in the Sanctuary

Men's Group Breakfast Meeting

Saturday March 13, 2010

8:00 AM to 9:30 AM - Westminster Hall

Cost - \$5.00 per adult



Speaker: Al Parker - Hoyendahonh

Topic: The Iroquois Confederacy - History and Culture
of the Six Nations of New York

Native Americans developed a culture which preceded by many centuries the arrival of European explorers and settlers in the area which eventually became the State of New York. Al Parker is a member of the Seneca Nation, Heron Clan who has participated in many educational activities, including re-enactments, relating to the Iroquois Confederacy.

Plan to attend what promises to be an enlightening and entertaining presentation. Youth, children and/or grandchildren, male or female ages 10 and older are encouraged to attend at NO COST as guests of the Men's Group. Sign-up for the meeting will be on Sunday March 7 following both worship services.



Curious?

The people at North Church are some of the most interesting people you will ever meet.... that is, if you get a chance to chat with them! The Membership Committee would like to help you connect with others who have similar interests and activities.

On **March 21**, we will be holding an **Opportunities Fair**. Groups of people who have been getting together on a regular basis include the following: the men's group, women's circles, Scrap and Chat, book groups, knitting group, Friends of Night People volunteers, and Habitat group. They would love to chat with you about joining them!

However, we also are encouraging you to be part of a new group with others who share the same interests or activities. Some suggestions for these could be mothers of young children, a different book club, cooking or dining out, hiking, Bible study, women's issues study group, a day-trip social group, interfaith outreach efforts (e.g., involving North Church with Western New York Muslim and Jewish communities) or any other interest you may have.

On March 21, please come and mingle with interesting people in Westminster Hall after both services to add your name with others who are curious about the same things as you are.



World Day of Prayer

Amherst Presbyterian Church is hosting World Day of Prayer, Friday, March 5, at 7 pm. It is written by the women of many faiths in Cameroon on the Bible verse, "Let everything that has breath, praise God." The North Church sacred dance choir is participating in worship. The worship service emphasizes the importance that the people of Cameroon place on music and celebration in their praise to God. More information on World Day of Prayer can be found at www.wdpusa.org.

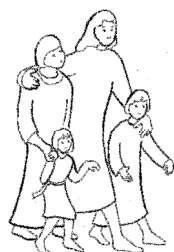
Reflection & Discussion for Adults

Eclipsing the Empire: Paul, Rome, and the Kingdom of God

**Sundays at 9:30 am
through March 28
in the Library**

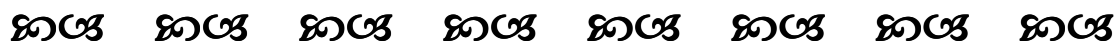
Coordinator: Mary Mohlke

Join Marcus Borg and John Dominic Crossan on location in Turkey, Greece and Italy as they trace the Apostle Paul's footsteps throughout the Roman Empire. This 12-session DVD explores fresh insights into Paul's message of the Kingdom of God, its challenge to Roman imperial theology, and the apostle's radical relevance for today.



Receive God's Lavish Love Soul Feast Prayer Centers

Soul Feast is a collection of 47 places to gaze, reflect, pray ...and encounter God. **To take part in Soul Feast** allow your spirit to guide you, leave life stresses behind and open yourself to renewal. Sunday scriptures are mounted on green paper instead of purple. Can you find it? **Centers are located** in the Chapel, Narthex and Westminster Hall. North Church's website shows the drawings and prayers, one for each day of Lent plus Sundays.



Ruth/Mary Circle

Tuesday, March 9 at 9:30 a.m. in Building 1 of Presbyterian Village. Program: Horizon Magazine January/February issue "Simplicity".

Martha Circle

Martha Circle will meet at 2:30 p.m. on Tuesday, March 9 to continue the study of Acts by Rev. Lew Bigler. All women of North Church are welcome.

Sarah Circle

We will meet on Wednesday, March 10 at 7:30 p.m. at Ann Eisenlord's home.

***The Lost History of Christianity* Sundays at 9:30 am through March 21 - in the Chapel**

Christianity is not inherently a European religion but was centered in the Middle East, South Asia, and northern Africa for more than a thousand years, says Philip Jenkins in his latest book, *The Lost History of Christianity*. Christians today continue to live in this area, now dominated by Muslims. Our speakers and discussions will address the implications of this history for today's world.

March 7 **Azubike Kalu-Nwiwu**,
North Africa and Nigeria

March 14 **Tim Wadkins**, continuing
our discussion of the Jenkins book

March 21 **Rebecca Krawiec** discussing
her research on fourth century Coptic
Christians in Egypt

"Daily devotional booklets for Lent 2010 will be available from the Adult Education committee for \$1.00. Contact Lucille Weaver."

Scrap, Craft & Chat

Friday, March 26

6-9 pm in the Library

Come join us with your scrapbooking, card making, knitting, cross stitching or whatever other project you may be working on. Bring a small snack. Feel free to invite a friend or two.

Please RSVP to Debbie Hutton at 688-4658 or dsnyder97@yahoo.com.

North Church Reads

Making Space for the Spirit: 100 Simple Ways to Nurture Your Soul by Kathleen Long Bostrom

Having a bad day? Having a bad year? This thoughtful book offers 100 one page reflections which include a spirit booster, a relevant Bible passage, a helpful quote and an interesting, fun fact that will strengthen your spirit and connect you to God.

For example Spirit Booster 45 offers the following:

- "Count your blessings (name at least ten, but you don't have to stop there). Name them, and give thanks to God, one by one.

- Deut. 28:3-6

- A quote from Marjorie Thompson, "Scripturally speaking, the spiritual life is simply the increasing vitality and sway of God's Spirit in us. It is a magnificent choreography of the Holy Spirit in the human spirit, moving us toward communion with both Creator and Creation."

- Fun fact: "Practicing gratitude can be good for your health; it cuts back on stress and can even lower blood pressure!"

99 Things to Do Between Here and Heaven by Kathleen Long Bostrom and Peter Graystone

Here is a list of 99 things that everyone should do in a lifetime. Examples include giving blood, burying a time capsule, writing a letter to one's future self, learning about jazz, labeling your photographs, contributing to Wikipedia, grappling with Revelation and gazing quietly at the night sky. Each one-page entry provides a description of the activity, what the reader can expect to gain from it, something not to do, what you are most likely to think and what you are least likely to think.

Also there is a quote from a famous person and Scripture to help you reflect. For example for the suggestion to visit an art gallery, the quote is by Pablo Picasso: "Art washes the dust of everyday life from your soul." The Scripture says "The Lord has chosen Bezalel, son of Uri...and he has filled him with the Spirit of God, with skill, ability and

knowledge in all kinds of crafts - to make artistic designs for work in gold, silver and bronze, to cut and set stones, to work in wood and to engage in all kinds of artistic craftsmanship." Exodus 35:30-33.

Each entry has a journaling space with questions such as these for watching the sun rise: The date I saw the sun rise, Where, and who else was there? The colors I saw, and What I will remember between here and heaven.

Finding Calm in the Chaos by Kathleen Long Bostrom

Kathy Bostrom encourages readers to reflect on and engage with scripture and prayer in their daily lives and to help women create calm in the chaos of their busy lives. There are twenty-eight days of devotions for each month of the year, so that readers can begin using the book during any month. One of the book's strengths is that Bostrom has the reader reflect on one scripture in a variety of ways over the course of a week. New understandings and ideas may be revealed with each day's reading of the scripture. The "Spirit Boosters" for each week are divided into "Reaching In" and "Reaching Out" sections. They offer suggestions for ways to be kind to yourself and to others while nurturing your own faith. At the end of each week is a Sabbath Celebration, a time to incorporate light, prayer, scripture and silence into one's personal worship. Kathy Bostrom's writing illuminates the sacred in daily living and encourages the reader to enjoy the gift of daily devotional time.

Bostrom is the author of twenty Christian books for children, including Song of Creation, The Snake in the Grass, Green Plagues and Lamb, and Paul's Call. She is currently co-pastor with her husband, Greg, of Wildwood Presbyterian Church in Wildwood, Illinois. These three books are published by Westminster John Knox Press and are available in the Resource Center.

Mission/Community

One Great Hour of Sharing



Jesus said, “Do you love me?.....Feed my sheep”.

(John 21: 16 – 27)

Earthquakes in Haiti – Forest Fires, mudslides and floods in the US – Food Pantries and Soup Kitchens overwhelmed with the requests for assistance – Fighting in Africa. These are the headlines of our daily newspapers and newscasts. And Jesus said that if we love him we will feed his sheep! How can one person - one congregation – one religious denomination even begin to meet the need? The answer – One Great Hour of Sharing!

Since 1949, Presbyterians have joined each year with millions of other Christians to share God’s love with people experiencing need through One Great Hour of Sharing. Our gifts support ministries of disaster response, refugee assistance and resettlement, and community development that help people find safe refuge, start new lives and work together to strengthen their families and communities. The offering is divided nearly equally between Presbyterian Disaster Assistance, the Presbyterian Hunger Program and Self Development of People. Weekly bulletin inserts will showcase examples of how your past giving has been spent.

This year’s offering will be used by the Presbyterian Church (U.S.A.) as it continues to help rebuild Haiti and prepares to offer assistance after future disasters; to fund grants to local agencies, such as the Homeless Alliance of WNY; and to work with ecumenical agencies such as Church World Service to share God’s love throughout the world. The North Church Mission Committee has decided to continue to focus on hunger concerns throughout 2010. Your generous gift to One Great Hour of Sharing will show your commitment to North Presbyterian Church’s theme.

Fish Banks and a Giving Calendar will be distributed to children of all ages on Sunday, March

7. (Bring your coins and bills to help get their collection off to a great start!) Special offering envelopes will be in the North Star and in the pews.

Please talk and pray with your families and decide what treasures God has bestowed upon you. Then decide how you will share these treasures with unknown others to restore their hope. Please give generously.

The One Great Hour of Sharing offering will be collected on Palm Sunday, March 28, 2010. Fish Banks should be returned during the children’s time on the same day.

(Check the North Church website – www.northchurchwilliamsville.org – for a video clip on the One Great Hour of Sharing from the PCUSA.)

Christmas Offering

Thanks to your generosity, the Christmas Offering totaled \$5,359.77. Harvest House received \$3,573.18 and Himalayan Health Care received \$1,786.59.

Haiti Relief

When we received news of the tragic earthquake in Haiti, the Mission Committee decided we needed to respond immediately to Church World Service’s plea for hygiene kits for the Haitian survivors. The request went out to you via word of mouth, bulletins, and email messages. The request also appeared in the Presbytery newsletter and on the sign in front of the church building. You, the members of North Church, generously responded. Some of our neighbors joined in the effort and on February 15th, 200 hygiene kits left North Church bound for Church World Service offices in New Windsor, Maryland. Thank you to all of you who brought in items or entire kits. Thank you to each of you who helped sort, assemble, count, and box the kits. Thank you to Rob Powell who so graciously offered to ship the kits. This project was indeed an intergenerational, church/community partnership act of love. Doctors Without Borders is another organization that has an ongoing presence in Haiti. Their website is www.msf.org.

Thank you! Thank you!

As previously reported to you, North Church has come through in an astounding manner! Your response to the **Blankets+ Fund Drive** for Haitian Relief has been overwhelming. With all of the receipts counted, \$2,005 has been sent to Church World Service (CWS) on your behalf.

Following are excerpts from the latest communication received by Martha Circle from CWS:

Response in Haiti continues full throttle despite challenges

Wednesday, Feb. 10, 2010

By Chris Herlinger/CWS

Port-au-Prince, Haiti – Church World Service continues to provide emergency assistance to earthquake survivors—some \$1 million thus far, beginning within 24 hours of the quake. Thousands of CWS Hygiene Kits, CWS Baby Care Kits, CWS Blankets, tents, food and medicines have been distributed. Another shipment of 16,700 CWS Hygiene Kits, food, tents and CWS Blankets is on the way to people still in need.

CWS, its Haitian partners and the CWS-supported ACT Alliance are working together to meet emergency needs. And, on behalf of the ACT Alliance, Church World Service and its Dominican partners are coordinating the transport of continuing emergency supply shipments through the Dominican Republic into Haiti.

In a perfect world, distributions of humanitarian aid after a major disaster would occur without a hitch. Everything would be orderly, and proceed with due precision.

But life is messy and Haiti is far from a perfect place. Humanitarian practice, even during relatively small emergencies, is hard and imperfect work – a fact often not fully understood or appreciated by donors and even non-emergency staff members of humanitarian groups.

When compounded by the many challenges posed in Haiti – bad infrastructure even before the quake, the massive scale of damage, the toll the quake has taken on everyone – some acceptance of imperfection and the need to improvise become part of the daily realities of aid workers.

Thank you! Thank you!

“You need to be patient to do this kind of work,” said Emmanuel Blain, 30, a medical doctor who is helping coordinate ACT/ Lutheran World Relief’s distribution of food and non-food items, including CWS Kits, in and outside of Port-au-Prince.

Patience is certainly needed now, nearly a month after the devastating Jan. 12

earthquake and at a time when “coordination and distribution remain difficult, overall public interest in Haiti may be waning but needs will remain for months to come,” said Dirk Salmons, the director of the humanitarian affairs program at Columbia University in New York City.

The job is not going to get any easier. In the end most everyone affected by the quake is vulnerable in some way, and in coming months, Haiti faces a rainy season and the threat of storms, floods and hurricanes. . . . In other words, some of the challenges in Haiti are just beginning. Church World Service and its partners are in it for the long haul. In addition to continuing to meet urgent needs in the capital and other heavily affected communities, CWS is focusing on the needs of at-risk children and people with disabilities, and soon, long-term food sustainability.

We at North Church join with Church World Service in their closing statement: ***“It is our privilege to walk shoulder-to-shoulder and heart-to-heart with the people of Haiti as they recover from this tragic event. Thank you for your support of this critical work.”***



A young quake survivor with disabilities is among the thousands who have received CWS Blankets and Hygiene Kits. He is part of a group of Haitians with disabilities who are receiving special attention from CWS and other ACT Alliance members.

Photo: Paul Jeffrey/ACT Alliance



From Our Parish Nurse

PROSTATE CANCER

The body is made of hundreds of millions of living cells. Normal cells grow, divide and die in an orderly way. During the early years of a person's life, normal cells divide faster to allow the person to grow. After the person becomes an adult, most cells divide only to replace worn out, damaged, or dying cells.

Cancer begins when cells in a part of the body start to grow out of control. Cancer cell growth is different from normal cell growth. Instead of dying, cancer cells keep on growing and form new cancer cells. These cells can grow into (invade) other tissues, something that normal cells cannot do. Being able to grow out of control and invade other tissues are what makes a cell a cancer cell. These cancer cells form a tumor but some cancers, like leukemia, rarely form tumors. When cancer cells get into the bloodstream or lymph vessels, they can travel to other parts of the body. and begin to grow and form new tumors. This process is called metastasis. Not all tumors are cancerous. Tumors that aren't cancer are called benign. They cannot grow into other tissues and cannot spread into other parts of the body. These tumors are almost never life threatening.

No matter where a cancer may spread, it is always named for the place where it started. Prostate cancer that has spread to the bone is called metastatic prostate cancer, not bone cancer.

WHAT IS PROSTATE CANCER?

This gland is found only in men and is just below the bladder and in front of the rectum. It is about the size of a walnut. The tube that carries urine (urethra) runs through the prostate. In older men, the part of the prostate around the urethra may keep on growing which can lead to benign prostates hyperplasia (BPH) which can cause problems with passing urine. This is a problem that must be treated but it is not cancer. Most of the time, prostate cancer grows slowly.

WHAT CAUSES PROSTATE CANCER?

This cancer is caused by changes in the DNA of a prostate cancer cell. DNA makes up our genes, which control how cells behave. DNA is inherited from our parents. A small percentage (5-10%) of prostate cancers is linked to these inherited changes. We do know that certain risk factors are linked to the disease. A risk factor is anything that increases a person's chance of getting a disease.

Risk factors for prostate cancer

- Age:** The chance of getting prostate cancer increases after a man reaches age 50. Almost 2 out of every 3 prostate cancers are found in men over the age of 65.
- Race:** Prostate cancer is more common in African-American men than in men of other races.
- Nationality:** Prostate cancer is most common in North America and in northwestern Europe. .The reason for this is not clear.
- Family History:** Prostate cancer seems to run in the family.
- Genes:** Scientists have found some inherited genes that seem to raise prostate cancer risk, but they account for only a small number of cases overall.
- Diet:** The exact role of diet is not clear, but some factors have been studied. Eating a lot of red meat or high fat dairy products seems to increase the risk of getting prostate cancer.
- Obesity:** Being obese (having a high amount of extra body fat) is linked with a higher risk of getting prostate cancer.
- Exercise:** Exercise has not been shown to reduce prostate cancer risk in most studies. But some studies have found that high levels of physical activity, particularly in older men, may lower the risk of advanced prostate cancer. More research is needed in this area.

HOW IS PROSTATE CANCER FOUND?

Prostate cancer can often be found early by testing the amount of PSA (prostate-specific-antigen) in your blood. Also it can be found early when the doctor does a digital rectal exam (DRE). Because the prostate gland lies just in front of the rectum, during the DRE the doctor can feel if there are any bumps or hard places on the prostate.

(Parish Nurse continued)

The American Cancer Society does not recommend routine prostate cancer screening for all men. ACS believes that doctors should discuss the pros and cons of testing with men so each man can decide if testing is right for him. The test should include a PSA blood test and a DRE yearly, beginning at age 50 for men at average risk who can be expected to live for another 10 years. For men at higher risk, this discussion should take place at age 45. High risk men include African American men and men who have a close relative (father, brother or son) who had prostate cancer before age 65.

HOW IS PROSTATE CANCER TREATED?

Surgery, Radiation Therapy, Chemo Therapy, Cryosurgery (freezing), Hormone Therapy

Generally speaking the treatment you choose should take into account:

- Your age and how long you can expect to live
- Any other serious health problems you may have
- The stage and grade of your cancer
- Your feelings (and your doctor's opinion) about the need to treat the cancer
- Your feelings about the side effects common with each treatment

WHAT ARE SOME QUESTIONS I CAN ASK MY DOCTOR?

Please write down the exact type of cancer I have. May I have a copy of my pathology report?

- What is the chance that the cancer has spread beyond my prostate? If so, is it curable?
- What other tests do you think I need and why?
- Is watchful waiting (active surveillance) an option for me?
- What is the clinical stage of my cancer and what does that mean?
- What treatments are available and what might be best for me?
- What are the risks or side effects among those treatments?
- What are the chances I will have problems with incontinence or impotence?
- What are the chances that I will have other urinary or rectal problems?
- What are the chances of the cancer coming back with the treatment you suggest?
- What would be our next step if this happened?
- What is my expected survival rate based on clinical stage, grade, and various treatment options.?

REMEMBER YOU AND YOUR DOCTOR ARE A TEAM AND TOGETHER EVERYONE ACCOMPLISHES MORE.

This information is obtained from the American Cancer Society.

God Bless

Pat Mohr

Parish Nurse



Our Sympathy & Prayers are with family & friends of:

- Wendy Gworek**
(Isabel Johnson's daughter)
- Robert Hunt**
- Ivan Bunnell**



Flowers for Sunday

Morning Worship

If you would like to provide flowers for a Sunday morning worship service, please call Linda in the church office (632-1330) for the date you would like and the wording for the bulletin. The flower bouquets are \$25, and Linda will order them for you.